Junior Sailing Association of Long Island Sound Club 420, Laser and Laser Radial Championships Stamford Yacht Club, Stamford, CT August 5th & 6th 2008

Sailing Instructions

1 Rules:

The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2005-2008 and the 2008 Rules for JSA Events.

2 Notices to Competitors:

- 2.1 Notices will be posted on the notice board located by the snack bar at Stamford Yacht Club.
- 2.2 Any change to the sailing instructions will be posted no fewer than 30 minutes before the Harbor Start on the day the changes take effect.
- 2.3 Any change in the Harbor Start or first warning signal will be posted no later than 1800 on the day before the changes take effect.

3 Signals Made Ashore

- 3.1 Signals made ashore will be displayed from the Shore Station on the lawn at Stamford Yacht Club.
- 3.2 The Harbor Start will be the sound of one gun signaled from the Race Committee Signal Boat. Postponement or abandonment may be signaled instead of Harbor Start.
- 3.3 No competitor shall leave the dock area until the Harbor Start has been signaled.

4 Schedule

- 4.1 It is intended that six races be run each day. At least one race must be completed to constitute a regatta. No warning signal will be made after 1600 on Tuesday or after 1530 on Wednesday.
- 4.2 The schedule of events is as follows:

Monday, August 4, 2008

Registration- main clubhouse patio:	1600 to 1900
Dinner for housed competitors and instructors- main clubhouse:	1900
Housing host pick-up from Stamford Yacht Club:	2000
Curfew for all housed competitors:	2200

Tuesday, August 5th

Late Registration:	0730-0830
Instructors' Meeting- Front Lawn:	0915
Competitors' Meeting- Front Lawn:	0930
Harbor Start: Club 420	1000
Laser Full Rig/Laser Radial	1030
Lunch – on the water between races:	
Dinner for all competitors and instructors:	1930
Housing host pick-up:	2000
Curfew for all Housed Contestants:	2200

Wednesday, August 6th

Harbor Start:	Club 420	0900
	Laser Full Rig/Laser Radial	0930

Lunch -on the water between races:

Presentation of Awards – as soon as possible after the last race

5 Class Flags

Laser Radials shall fly a red streamer from the masthead. In the starting sequence, Class flags will be as follows: Laser Standard Rig – numeral pennant "1"; Laser Radial Rig – numeral pennant "2"; Club 420 – numeral pennant "3".

6 Racing Area

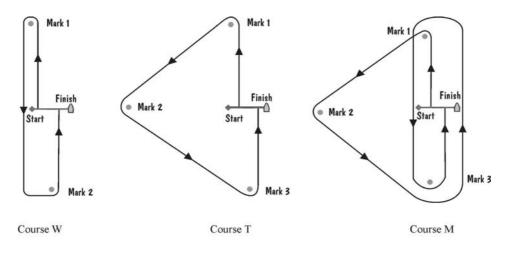
- 6.1 Lasers and Laser Radials will race on Course 1, which is intended to be set up immediately southerly of the West Breakwater.
- 6.2 Club 420s will race on Course 2, which is intended to be set up approximately 3/4 mile southerly of Course 1

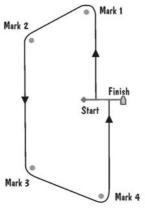
7 Safety

- 7.1 All boats must conform to their class rules and any applicable JSA safety or measurement rules, and are subject to inspection by the organizing authority or the judges at any time during the event.
- 7.2 In accordance with JSA Rules, at all times when on the water or on the dock, all competitors and instructors are required to wear a PFD with attached whistle. Failure to comply with any JSA Rule may result in disciplinary action being taken (see SI 18)
- 7.3 Before the first warning signal for each day, all competitors shall check in with the Race Committee by sailing on starboard tack or towing past the stern of the anchored Signal Boat and hailing their boat number until acknowledged by a committee member. Infractions of this instruction may be protested by the Race Committee only.
- 7.4 A boat that retires from a race shall notify a Race Committee boat before leaving the race area. If this is not possible, the competitor shall notify a regatta representative immediately after arriving ashore.

8 The Courses

8.1 The diagrams with the identifying letters below show the courses, including the approximate angle between legs, the order in and side on which marks are to be left.





Course R

- Course W Modified Windward / leeward with start and finish in middle of leg. On this course, an offset mark will be set above and left of the windward mark.
- Course T Modified Triangle with start and finish in the middle of the windward leg.
- Course M Modified Gold Cup Triangle followed by windward, leeward, windward with start and finish in middle of the windward leg.
- Course R Trapezoid-Windward, reach, leeward, reach, windward with start and finish in the middle of the windward leg.
- 8.2 The identifying letter of the course selected will be displayed from the Signal Boat before or with the Preparatory Signal for each class. This changes rule 27.1.
- 8.3 The pennant "2nd Repeater" displayed beneath the course letter means that course is to be sailed twice around.
- 8.4 For courses "W" and "M" the starting and finishing lines are an obstruction, except when starting or finishing,

9 Marks

- 9.1 Marks will be orange inflatables for Course 1 and yellow inflatables for Course 2.
- 9.2 New marks, as provided in Instruction 12, "Changing the Next Leg of the Course," will be the same color and shape as the original marks for that course.

10 The Start

- 10.1 Races will be started using rule 26.
- 10.2 On course 1 classes "1" and "2" will start in numerical order for the first start of each day. The order of subsequent starts will be at the discretion of the race committee.
- 10.3 A boat that does not start within four minutes of her starting signal will be scored DNS.
- 10.4 The starting line will be between a staff displaying an orange or yellow flag on the Signal Boat and the starting mark.
- 10.5 Boats whose Warning Signal has not been made, shall keep clear of the starting area and of all boats whose Warning Signal has been made.
- 10.6 Additional races will start as soon as practicable after the completion of the preceding race.

11 Recalls

- When an individual recall is signaled, the Race Committee will attempt to hail the sail number(s) of the boat(s) that are on the course side. When the 'Round-an-End Rule' is in effect (I-flag), the Race Committee may hail numbers during the minute before the start.
- 11.2 The Race Committee procedure for hailing boats that were OCS shall not be grounds for a boat to request redress.

12 Changing the Next Leg of the Course

To change the next leg of the course, the race committee will lay a new mark and remove the original mark as soon as practicable.

13 The Finish

The finishing line will be between a staff displaying an orange or yellow flag on a race committee boat and the finishing mark or nearby mark.

14 Time Limits

- 14.1 The time limit for the first boat to sail the course and finish in each class shall be 90 minutes.
- 14.2 Boats that do not finish a race within 20 minutes of the first boat in their class will be scored "TLE." They shall receive the number of points that is 2 more than the number of boats that did finished. (This changes rules 35 and A4.2.)

15 Protests & Penalties

- 15.1 Upon finishing each race, a skipper intending to protest shall immediately, without consultation with instructors or spectators, notify the Race Committee of his or her intent to protest and, if possible, the sail number of the protested boat.
- 15.2 Protests shall be written on forms available at the registration table at Stamford Yacht Club and delivered to that registration table within 30 minutes after the Race Committee Signal Boat for

the course on which the intended protestor sailed docks. The time limit for delivering written protests will be posted on the official notice board. A list of written protests received will be posted after the time limit has expired.

- 15.3 The JSA Arbitration Procedure (as described in Appendix C of the 2008 Rules for JSA Events) shall apply to protests involving Part 2 rules. (This changes Rule 63.) The arbitrator will not be a member of the Protest Committee that hears the protest but may observe the testimony presented at the protest hearing and may provide testimony.
- 15.4 Protests under sailing instructions 3.3, 7.2, and 10.5 may be made only by the Race Committee.
- 15.5 Appendix P, Immediate Penalties for Breaking Rule 42 will apply. P2.2 is changed to "When a boat is protested a second and subsequent time..."; P2.3 is deleted; P3 is changed: "...but the protest is counted to determine the number of times she has been protested during the series." is deleted.

16 Scoring

When fewer than six races have been completed, a boat's series score will be the total of her race scores. If at least six races are completed, a boat's series score will be the total of her race scores excluding her worst score.

17 Coaching & Spectators

- 17.1 Any club entering three or more boats shall supply a support craft equipped with a working VHF Radio on which they will monitor channel 74, an anchor, and a first aid kit. An instructor or other adult shall drive the support craft in accordance with JSA 9.4(c) and (d) and shall check with the Race Committee before the Harbor Start, about possible safety patrol assignments and responsibilities. Coaches and Spectators may be called upon to assist with towing and moving marks. Requests from the race Committee will be broadcast on VHF channel 74.
- 17.2 From the time of a competitor's warning signal, including the period after a general recall, until that competitor has finished or retired, no person shall coach a competitor.
- 17.3 While boats are racing, spectator and coach boats shall stay well clear of the course area and outside the laylines to the marks.

18 Discipline

All junior sailors are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play. The regatta organizers or protest committee may discipline and/or penalize a junior sailor for actions that include, but are not limited to, the following: a) swearing at, intimidating, or harassing anyone, including teammates, on or off the water; b) stealing or borrowing without permission, anything that does not belong to them; c) possessing, consuming or being under the influence of alcohol or illegal drugs. These infractions shall be considered a breach of Rule 69 the result of which is disqualification, without a hearing, from the event.

PLEASE NOTE: Should an instructor be asked to leave the racecourse, all juniors for whom that instructor is responsible must also leave unless other arrangements, satisfactory to the Race Committee, are made.

19 Prizes

- 19.1 Prizes will be awarded to the helmspersons and crew of the top five finishers in each class.
- 19.2 At the discretion of the Race Committee, a sportsmanship trophy may be awarded.
- 19.3 Perpetual Trophies

The following perpetual trophies will be awarded:

The Pequot Cup for the JSA Club 420 Championship.

The Edgar L. Raymond Trophy for the JSA Laser Championship

The Joseph E. Cosulich Trophy for the JSA Laser Radial Championship

Each member program whose entrant wins a perpetual trophy shall have possession of the trophy for one year and is responsible for getting it engraved and delivering it safely to the regatta venue the following year.

20 Responsibility for Safety

As a condition of the participation of any boat in any race or related activity sponsored or undertaken by Stamford Yacht Club, the owner, helmsperson and each crewmember agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she, or any heir, representative, successor or assignee, may have against Stamford Yacht Club and the JSA of LIS and each of their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each competitor as does the responsibility for the safe condition and operation of their boat including safety equipment and rigging and for wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant.

Regatta Chairperson: David Gurney Holly Kelly

Principal Race Officers: Course 1 – Daniel Bullard Course 2 - Raymond Redniss

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